

# Council of Europe HELP Programme

## CATALOGUE OF ONLINE COURSES

HELP is the **main educational platform of the Council of Europe for legal professionals**. Its aim is to train judges, lawyers and prosecutors, but also other professionals, where relevant, on European human rights standards. They target both **current and future legal professionals**, university students also benefitting from the HELP courses.

The Council of Europe **HELP online courses** are interactive and visual. They cover various human rights related topics, reflecting the different areas of work of the Council of Europe.

The **HELP courses** enhance the knowledge of legal professionals on key human rights topics and thus contribute to a better protection of human rights on a national level.

As well as the European Convention on Human Rights (ECHR) and the case-law of the European Court of Human Rights, HELP covers other Council of Europe instruments such as the European Social Charter or CoE Conventions in key areas like data protection, violence against women or bioethics. Furthermore, with EU support since 2015, HELP online courses also cover the EU legal framework, including the EU Charter of Fundamental Rights and the case-law of the Court of Justice of the EU. Once HELP courses are ready, national versions can be developed complementing the European legal systems and jurisprudence with the national ones. These national courses help judges, prosecutors and lawyers to apply European standards at national level in a practical and effective way.

HELP courses are developed in line with the HELP Methodology, jointly with the respective content entities of the Council of Europe (for example, the course on [Data Protection and Privacy Rights](#) or the one on [Key human rights principles in Biomedicine](#) were developed jointly with the CoE Data Protection and Bioethics Unit respectively, the course on [Human Rights in Sports](#) was developed jointly with the CoE Sports Department, on the course on [CPT standards](#) with the Committee on the Prevention of Torture, the one on [anti-discrimination](#) with ECRI, etc.). Lawyers from the Registry of the European Court of Human Rights are also involved in the development of HELP online courses. Increasingly, key partners of HELP such as the European Judicial Training Network (EJTN), the (CCBE) and the European Union Agency for Fundamental Rights (FRA) are also offering their expertise in the development of HELP courses.

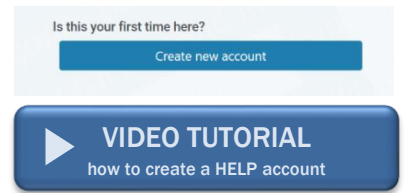
HELP online courses are hosted on the [COUNCIL OF EUROPE HELP E-LEARNING PLATFORM<sup>1</sup>](#)



<sup>1</sup> <http://help.elearning.ext.coe.int>

In order to access them, you will need to **log in to your HELP account**. If you don't yet have a HELP account, you can create one in less than 2 minutes.

- ✓ Click [here](#)<sup>2</sup> and fill in the form (it takes about 2 mins)
- ✓ Once you submit the form, you will receive an activation link on the email you used for creating the account.
- ✓ Go to your email inbox and click on the link to activate your account.



The courses can be taken in the following ways:

### SELF-STUDY COURSES

Available publicly for unlimited access to anyone having an account on the HELP online platform. They are self-paced courses and once completed, you can obtain a self-generated "statement of accomplishment".



To enrol in any of the HELP courses for self-study, go to the HELP e-learning platform, log-in with your HELP account, browse the list of courses and click on the language code under the picture of your selected course.



Once enrolled, you can start and access the course [and resume where you left it last time] any time you want from the '[My courses](#)' button.

### TUTORED COURSES

The HELP tutored courses are organised in cooperation with a national partner institution, usually national training institutions for judges and prosecutors (NTIs) or Bar Associations (BAs). These tutored courses are facilitated/moderated by a HELP certified tutor, who was trained by the HELP Secretariat. Successful participants in HELP tutored courses are certified jointly by the HELP Programme and the national partner institution. If you are a legal professional and you would like to take a tutored course, contact the NTI or BA in your country, through the HELP Focal and Info Points.

Although the primary target group of the CoE HELP courses are legal professionals (judges, prosecutors and lawyers), some **interdisciplinary courses** may involve other professionals (health and medical specialists, prison and probation staff, law enforcement, journalists, Ombudsperson staff, NGOs, etc.).

<sup>2</sup> <http://help.elearning.ext.coe.int/login/signup.php>

# CATALOGUE OF HELP ONLINE COURSES



Developed jointly with the [Gender Equality Division](#), under the [Partnership for Good Governance](#) project "[Strengthening Access to Justice for Women Victims of Violence in the Six Eastern Partnership Countries](#)".



## ACCESS TO JUSTICE FOR WOMEN

Published: November 2018  
⌚ *Approximately 10 hours*

- Modules:
- 1) Introduction to the concept of access to justice
  - 2) International and European legal framework
  - 3) Discrimination on the grounds of sex and gender
  - 4) Avoiding gender stereotyping
  - 5) Practical guidance to improve women’s access to justice
  - 6) Gender sensitive approach to the practice of law

## ADMISSIBILITY CRITERIA FOR APPLICATIONS SUBMITTED TO THE EUROPEAN COURT OF HUMAN RIGHTS

Last updated: March 2019  
⌚ *Approximately 6 hours*

- Modules:
- 1) Introduction
  - 2) Grounds for inadmissibility: incompatibility, anonymity, substantially the same, abuse of rights
  - 3) Grounds for inadmissibility: non-exhaustion, six-month rule, no significant disadvantage
  - 4) Grounds for inadmissibility: manifestly ill-founded



The course includes also a separate part on Alternative measures to detention for female offenders (produced jointly with UNODC).

## ALTERNATIVE MEASURES TO DETENTION AND COMMUNITY SANCTIONS

Last updated: March 2017

⌚ Approximately 6 hours (more with the module on female offenders)

Modules:

- 1) Introduction
- 2) Substantive rights
- 3) Procedural rights
- 4) Non-custodial alternatives
- 5) Implementation
- 6) Community involvement
- 7) Electronic monitoring



The modules related to the discrimination against Roma and the SOGI communities were developed in cooperation with the Council of Europe Sexual Orientation and Gender Identity (SOGI) Unit and the Special Representative of the Secretary General for Roma issues.

## ANTI-DISCRIMINATION

Last updated: 2018

⌚ Approximately 8 hours

Modules:

1. Discrimination and the ECHR – Art. 14
2. Discrimination based on race, colour, language, national or social origin, association with a national minority, property, or birth
3. Discrimination against Roma
4. Discrimination on grounds of sexual orientation and gender identity
5. Discrimination of persons with disabilities



## Asylum and the ECHR

Developed jointly with UN High Commissioner for Refugees (UNHCR).

## ASYLUM AND THE EUROPEAN CONVENTION ON HUMAN RIGHTS

Last updated: August 2017

⌚ Approximately 6 hours

Modules:

- 1) Article 3 - Prohibition of torture
- 2) Article 5 - The right to liberty and security
- 3) Article 8 - The right to respect for family and private life
- 4) Article 13 - The right to an effective remedy
- 5) Article 2, Protocol 4 - Freedom of movement





## BUSINESS AND HUMAN RIGHTS

Published: 2016

🕒 Approximately 8 hours

Modules:

- 1) Introduction
- 2) Pillar One: the State Duty to Protect
- 3) Pillar Two: the Corporate Responsibility to Respect
- 4) Pillar Three: an Effective Remedy
- 5) Extraterritoriality



Developed jointly with the Children's Rights Division of the Council of Europe.

## CHILD-FRIENDLY JUSTICE AND CHILDREN'S RIGHTS

Published: October 2017

🕒 Approximately 12 hours

Modules:

- 1) Introduction
- 2) Child-friendly justice
- 3) Non-judicial proceedings
- 4) General elements
- 5) Interaction with children in the judicial system – main challenges
- 6) Interdisciplinarity
- 7) Deprivation of liberty
- 8) Violence against children
- 9) Migration and asylum



Developed in close cooperation with the GRETA Secretariat of the Council of Europe.

## COMBATTING TRAFFICKING IN HUMAN BEINGS

Published: 2017

🕒 Approximately 12 hours

Modules:

- 1) Introduction and legal framework
- 2) Definitions and legal concepts
- 3) Identification of victims of human trafficking
- 4) Assistance for victims of human trafficking
- 5) The non-punishment principle
- 6) Investigation, prosecution and victims' rights
- 7) Sentencing
- 8) Compensation for victims of human trafficking
- 9) Return and repatriation



Available only as a tutored course

## COUNTERFEITING OF MEDICAL PRODUCTS AND CRIMES AGAINST PUBLIC HEALTH

Published: 2015

🕒 Approximately 12 hours

Modules:

- 1) Introduction
- 2) What is pharmaceutical crime?
- 3) Offences
- 4) Investigation
- 5) International cooperation



Developed in close cooperation with the CPT's Secretariat and with the support of the Project "[Strengthening the application of the European Convention on Human Rights in Georgia](#)", under the EU/CoE Partnership for Good Governance.

## CPT STANDARDS

Published: September 2019

🕒 Approximately 8 hours

Modules:

- 1) Introduction
- 2) Law enforcement
- 3) Prisons and other penal institutions
- 4) Immigration
- 5) Psychiatric establishments
- 6) Social care



Developed under the EU funded project 'HELP in the 28', in close cooperation with the [Data Protection Unit](#) of the Council of Europe.

## DATA PROTECTION AND PRIVACY RIGHTS

Updated: June 2019

⌚ Approximately 12 hours

Modules:

- I. **Basic knowledge** about the right to privacy and data protection:
  1. Legal framework
  2. Key concepts
  3. Key principles
- II. **Topical Areas:**
  4. Health data
  5. Media
  6. E-communications & marketing
  7. New technologies
  8. Workplace
- III. **Enforcement:**
  9. Administrative, criminal and civil remedies
  10. International data flows



Jointly financed by the "EU-CoE HELP in the EU" Project and the EU-CoE Horizontal Facility Action "Strengthening the Human Rights Ombudsman to fight discrimination", in cooperation with the [Children's Rights Division](#) of the Council of Europe.

## FAMILY LAW AND HUMAN RIGHTS

Published: February 2019

⌚ Approximately 9 hours

Modules:

- 1) Introduction
- 2) Rights Related to Couples
- 3) Relationship between Children and their Parents and Other Relatives
- 4) International Child Abduction
- 5) Children's Rights: Key Challenges



*Developed under the EU funded project 'HELP in the 28'.*

## FIGHT AGAINST RACISM, XENOPHOBIA, HOMOPHOBIA AND TRANSPHOBIA

Last updated: March 2017

🕒 *Approximately 7 hours*

Modules:

- 1) Introduction
- 2) Legal framework
- 3) Racism and Xenophobia
- 4) Homophobia and Transphobia



*Developed in cooperation with the European Union/Council of Europe Joint Project on Strengthening the Capacity of Turkish Judiciary on Freedom of Expression.*

## FREEDOM OF EXPRESSION AND THE ECHR

Published: September 2016

🕒 *Approximately 10 hours*

Modules:

- 1) Introduction
- 2) General Aspects
- 3) Defamation
- 4) Practical Application



*Developed under the EU funded projects 'HELP in the EU' and HELP 'Radicalisation Prevention' Available only in tutored format for judges and prosecutors.*

## GATHERING AND USE OF EVIDENCE IN COUNTER TERRORISM CASES

Published: March 2019

🕒 *Approximately 3 hours*

Modules:

1. Traditional investigation techniques
2. Special investigation techniques
3. Judges and prosecutors' role
4. Due process/fair trial guarantees/procedural safeguards in evidence gathering
5. Transnational dimension





*The module on Hate Crime was developed jointly with the OSCE Office of Democratic Institutions and Human Rights (ODIHR).*

## HATE CRIME AND HATE SPEECH

Published: 2015

🕒 *Approximately 8 hours*

Modules:

1. Hate crime and hate speech – Introduction
2. Hate crime – concepts
3. Hate crime – international framework
4. Hate crime – stage through the criminal justice system
5. Hate speech



*Developed jointly with the CoE Children's Rights and Sport Values Department of the Council of Europe, with the collaboration of MGIMO University.*

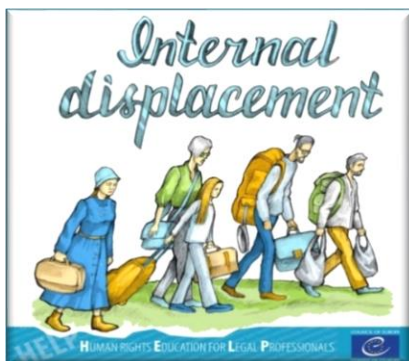
## HUMAN RIGHTS IN SPORT

Published: September 2018

🕒 *Approximately 12 hours*

Modules:

1. Introduction
2. Sports arbitration and litigation – Fair trial (Art. 6 of European Convention on Human Rights - the ECHR)
3. Privacy (Art. 8 of the ECHR)
4. Life and security (Art. 2, 3 and 4 of the ECHR)
5. Liberty, Freedom of Expression and Assembly (Art. 5, 10 and 11 of the ECHR)
6. Prohibition of discrimination
7. Anti-doping and human rights
8. Sports manipulation and human rights
9. Safety and security of sport events and human rights.



*Developed under the Council of Europe Project 'Strengthening the Human Rights Protection of Internally Displaced Persons in Ukraine.'*

## INTERNAL DISPLACEMENT

Published: June 2018

🕒 *Approximately 8 hours*

Modules:


1. Introduction
2. Overview and Key Concepts
3. International and European Legal Framework
4. Protection of Property and Home under ECHR
5. Other Frequently Invoked ECHR rights
6. Protection of Social Rights



*Developed jointly with the Council of Europe's Committee of Experts on the Operation of European Conventions on Co-operation in Criminal Matters (PC-OC), and finalised using the funds of the 'Horizontal Facility for Western Balkans and Turkey', a Joint Programme of the European Union and the Council of Europe.*

## INTERNATIONAL COOPERATION IN CRIMINAL MATTERS

Published: August 2017

 Approximately 12 hours

Modules:


1. Introduction
2. Legal framework
3. Extradition
4. Mutual Legal Assistance
5. Transfer of Sentenced Persons
6. Supervision of Offenders, International Validity of Criminal Judgements and Transfer of Proceedings
7. Seizure and confiscation of Proceeds of Crime



*Developed in close cooperation with the Registry of the ECtHR and the Department for the Execution of Judgments of the ECtHR*

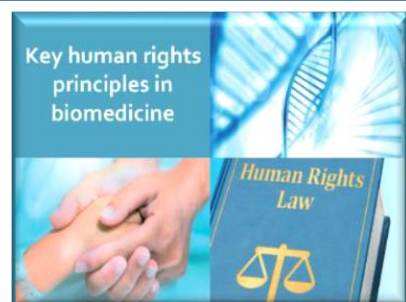
## INTRODUCTION TO THE EUROPEAN CONVENTION ON HUMAN RIGHTS AND (ECHR) AND THE EUROPEAN COURT OF HUMAN RIGHTS (ECtHR)

Last updated: March 2020

 Approximately 6 hours

Modules:


1. The European Convention on Human Rights
2. The European Court of Human Rights
3. The Execution of ECtHR Judgments



*Developed jointly with the [Bioethics Unit](#) of the Council of Europe.*

## KEY HUMAN RIGHTS PRINCIPLES IN BIOMEDICINE

Published: August 2018

 Approximately 8 hours

Modules:

- 1) Introduction
- 2) Free and Informed Consent
- 3) Medical Confidentiality and Protection of Health Related Data
- 4) Protection of the Embryo and Procreation
- 5) End of Life
- 6) Genetic Testing
- 7) Biomedical Research
- 8) Transplantation of Human Organs and Tissues



Developed under the EU funded project 'HELP in the 28', in close cooperation with the Secretariat of the European Committee on Social Rights of the Council of Europe.

## LABOUR RIGHTS AS HUMAN RIGHTS

Last updated: March 2017

⌚ Approximately 11 hours

Modules:

1. Introduction
2. Right to work and employment relationship
3. Working time
4. Fair remuneration and protection of wages
5. Termination of employment
6. Equality and non-discrimination
7. Collective labour rights on all levels
8. Occupational safety and health



Developed in cooperation with the [European Organisation of Prison and Correctional Services \(EUROPRIS\)](#)

## MANAGING FOREIGN PRISONERS (EUROPRIS)

Published: March 2019

⌚ Approximately 3 hours

Modules:

1. Introduction
2. Effective communication for foreign prisoners
3. Prison regime improvement
4. Contact with the outside world
5. Resettlement and rehabilitation issues
6. Staff matters
7. Final test



## PRE-TRIAL INVESTIGATION AND THE EUROPEAN CONVENTION ON HUMAN RIGHTS

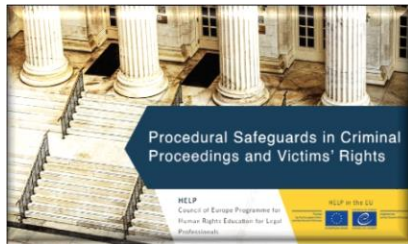
Published: 2016

⌚ Approximately 7 hours

Modules:

1. Covert investigation
2. Search
3. Pre-trial detention
4. Treatment in detention
5. Fair trial
6. Effective investigation






Developed under the EU funded project 'HELP in the EU'

### PROCEDURAL SAFEGUARDS IN CRIMINAL PROCEEDINGS AND VICTIMS' RIGHTS

Published: August 2019

 Approximately 11 hours

Modules:


1. Introduction
2. General Aspects of a Fair Trial
3. Specific Rights/Procedural Safeguards I – The Presumption of Innocence
4. Specific Rights/Procedural Safeguards II
5. Specific Rights/Procedural Safeguards III
6. Victims' Rights



Developed in cooperation with the project **"Strengthening the implementation of European human rights standards in Ukraine"** of the Joint EU/CoE Programme Partnership for Good Governance

### PROHIBITION OF ILL-TREATMENT (in law enforcement, security and other coercive contexts)

Published: August 2017

 Approximately 6 hours

Modules:


1. Definitions and international/European legal framework
2. Conditions of detention and medical treatment of detainees
3. Use of force as a means of restraint
4. Safeguards against ill-treatment
5. Effective investigation – combatting impunity
6. Interrelation with other rights



Developed in the framework of the project **"Reinforcing the capacities of the judiciary to apply European Human Rights Standards at the national level in Bosnia and Herzegovina"**, funded by the Kingdom of Norway.

### PROPERTY RIGHTS AND THE EUROPEAN CONVENTION ON HUMAN RIGHTS (ECHR)

Published: 2016

 Approximately 10 hours

Modules:

1. Introduction
2. Legal framework and scope
3. The three rules
4. Permissible restrictions and proportionality
5. Specific areas of interest
6. Interaction between Article 1 of Protocol No. 1 and other ECHR Articles
7. Compensation and restitution





Developed under the EU funded Project 'HELP Radicalisation Prevention'.

## RADICALISATION PREVENTION

Published: March 2019

🕒 Approximately 3 hours (public modules); total duration 15 hours

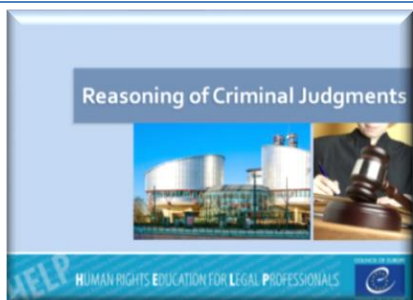
Modules:

I. Public:

1. Introduction
2. The International and European legal framework

II. Restricted:

3. Generic module for judges and prosecutors on issues related to the criminal process
4. Specific module for judges and prosecutors: gathering and use of evidence in counter-terrorism cases
5. Generic module for prison and probation staff
6. Specific module for prison staff
7. Specific module for probation staff
8. Foreign Prisoners (developed by EuroPris) – accessible publicly on a separate [page](#)



## REASONING OF CRIMINAL JUDGMENTS

Published: 2016

🕒 Approximately 10 hours

Modules:

1. Introduction
2. Right to a fair trial under Article 6 and the minimum requirements for the national courts' reasoning
3. Reasoning of criminal judgements in the context of Articles 2 and 3
4. Reasoning of criminal judgements in the context of Article 5
5. Reasoning of criminal judgments in the context of Article 8
6. Reasoning of criminal judgments in the context of Article 10
7. Reasoning of criminal judgments in the context of Article 6 and non-attendance



Developed in cooperation with the Council of Europe (CoE) Office of Secretary General's Special Representative on Migration and Refugees, the Children's Rights Division of the CoE and the UNHCR, and is a part of the activities implementing the CoE Action Plan on protecting Refugee and Migrant Children in Europe (2017-2019).

## REFUGEE AND MIGRANT CHILDREN

Published: September 2018

🕒 Approximately 10 hours

Modules:

1. Introduction to the legal framework
2. Child-friendly procedures
3. Alternatives to detention
4. Family reunification
5. Social rights and integration
6. Guardianship
7. Age assessment



## RIGHT TO LIBERTY AND SECURITY

(Article 5 of the European Convention on Human Rights)

Published: 2016

🕒 Approximately 8 hours

Modules:

1. Introduction
2. Scope of application of Article 5 and lawfulness
3. Justifications in Article 5
4. Case study



## RIGHT TO THE INTEGRITY OF THE PERSON

(Bioethics)

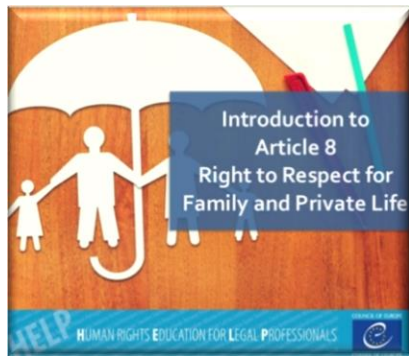
Last updated: March 2017

🕒 Approximately 10 hours

Modules:

1. Right to the Integrity of the Person (RIOP) in general
2. RIOP in the specific fields of medicine and biology:
  - Principle of free and informed consent
  - Prohibition of eugenics
  - Prohibition of human reproductive cloning
  - Prohibition of financial gain

Developed under the EU funded Project 'HELP in the 28', jointly with the Council of Europe Bioethics Unit



## RIGHT TO RESPECT FOR PRIVATE AND FAMILY LIFE

(Introduction to Article 8 of the European Convention on Human Rights)

Published: 2016

🕒 Approximately 10 hours

Modules:

1. Introduction
2. Key concepts
3. Admissibility and scope
4. Merits
5. Limitations
6. States' obligations
7. Relation to other ECHR Articles
8. Redress



Developed jointly with ACCESS – the Advocacy Centre on Council of Europe Standards

## RIGHTS OF PERSONS WITH DISABILITIES

Published: March 2018

🕒 Approximately 8 hours

Modules:

1. Introductory module
2. Non-discrimination and intersectionality
3. Legal capacity and independent living
4. Accessibility and independent living
5. Social rights of persons with disabilities



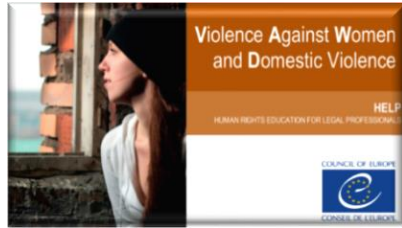
## TRANSITIONAL JUSTICE AND HUMAN RIGHTS

Published: 2016

🕒 Approximately 14 hours

Modules:

1. Introduction
2. Basics of Transitional Justice
3. Basics of International Crime
4. Investigation and Prosecution
5. Legality
6. Fair Trial Guarantees
7. Witnesses and Victims
8. Victims' Rights



*Developed in close cooperation with the Gender Equality Division of the Council of Europe.*

## VIOLENCE AGAINST WOMEN AND DOMESTIC VIOLENCE

Published: November 2017

🕒 *Approximately 12 hours*

### Modules:

1. Understanding violence against women and domestic violence
2. International and European Legal Framework
3. Overcoming barriers / access to Justice
4. Criminal Justice Response I – Investigation and pre-trial
5. Criminal Justice Response II – Trial and sentencing
6. Civil Justice Response
7. Alternative Dispute Resolution